



From Risk To Resilience: How To Build & Sustain a Comprehensive MSD Prevention Program

Please join us to hear “From Risk To Resilience” by our distinguished speaker, **LaNiesha Littleton, OTR/L , MBA (C), CEAS III,** as she will discuss:

- Implementing a systematic approach to identify, assess, and reduce workplace hazards that cause musculoskeletal injuries.
- Integrating an Onsite Injury Prevention Program with OSHA-approved first aid to enhance MSD prevention through a Total Worker Health approach.
- Creating a blueprint for Regulatory Compliance across multi-site or global operations, focusing on effective risk assessments and training programs.



About our Speaker...



LaNiesha is the CEO of iHEALTH 360, a company dedicated to enhancing workplace health and safety by offering access to the largest network of ergonomic experts and musculoskeletal health providers.

Since 2020, iHEALTH 360 has served diverse industries across the U. S. and globally, specializing in proactive injury prevention strategies . This certified WOSB, WBE, MBE, and DBE firm leads the way in workplace safety and wellness. Now as full-time entrepreneur, MBA candidate, and newest board member of The Ergonomics Round Table of Sacramento, LaNiesha deeply is committed to advancing workplace safety and wellness.

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Please check in with security

Zoom Link:

**From Risk To Resilience -
The Ergonomics Round Table**

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