

Do You Have An Office Ergo Program?

A repeated theme heard from many companies and organizations are requests for individual ergonomics workstation evaluations. Office workstation evaluations can be quite helpful, but not for sustainability without an office ergonomics program or plan. Please join us in hearing how our guest speaker, Ingrid Jana, has built her employers program and learn how this can help you improve or build your program.

We are also opening up time to learn from each other. Do you have some helpful ergonomic program tips you would like to share at our roundtable session? If so, please contact Kristy Schultz at Ergobee@gmail.com no later than October 26, 2018 to be added to the agenda.



About our Guest Speaker...

Ingrid Jana has over 22 years of progressive human resources experience. Her current adventure is at Wittman Enterprises, LLC, where as an active HR manager, she has created safety awareness and instituted an ergonomics program. These two elements have helped her save the company over 20k in premiums. Ingrid's background is in psychology, but life had other plans. She started her HR career in New York, where she grew up. She has worked for many different industries and has seen great transformations when management gets employees involved.

Where:

**2275 Gateway
Oaks Drive, 1st Floor
Conf. Room
Sacramento, CA**

**Please RSVP at
www.ErgoRT.org
or e-mail Ann Pudoff at
ann@mostergo.com or
call 916-212-4639.**

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