

Ergonomics Roundtable of Sacramento Presents:

When: October 23, 2017
9:00—11:30

Ergonomics to Optimize Wellness and Productivity

Susan Tingley, MS, PT, CIE & Kristy Schultz, MS, CIE

How do we keep up with today's constantly changing environment? Our workers are changing; equipment and technology is changing; and the workplace culture itself is changing! How do all of these changes impact the productivity and well-being of our employees?

Our discussions will focus on practical, problem-solving strategies for optimizing productivity and the employee's well-being in light of all these changes.

About our Speakers:

Susan Tingley, MS, PT, CIE is the owner of One Ergo Net, Inc., which offers high quality ergonomic evaluations, training, and consulting services throughout California. Susan is a Physical Therapist and a Certified Industrial Ergonomist with 20 years of experience in providing expedient, professional and courteous ergonomics services. Her approach is to cultivate practical solutions to maximize productivity, reduce risk, and minimize cost for private employers, public entities, insurance professionals and individuals.

Kristy Schultz, MS, CIE works for the State of California with a history of experience as an Ergonomics Consultant between Cal/OSHA and State Compensation Insurance Fund over the past 20 years. Her work has included developing quality publications, training, and consulting services to various types of businesses, both industrial and office, throughout California. Kristy has been a speaker on ergonomics in the workplace to employer groups, various organizations, & national conferences.

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Where:

2275 Gateway Oaks Dr.
1st Floor Conf Room
Sacramento, CA

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